



**Recognized by :** Government of India, Ministry of Youth Affairs & Sports, New Delhi  
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

**Affiliated to :** South Asian Bodybuilding & Fitness Federation  
Asian Body Building and Physique Sports Federation, Singapore  
World Body Building and Physique Sports Federation, Dubai, UAE

**Recognized by :** The Association for International sports for All (TAFISA), Frankfurt, Germany  
Pacific Games Council (PGC), Australia

Date: 17<sup>th</sup> November 2017

To,

**The Secretaries / Executive Committee Members / Life Members**  
State Body Building Associations / Union Territories / Sports Boards  
Affiliated to Indian Body Builders Federation  
Mumbai.

Ref. No.:IBBF/SN/CR-03-17

**Sub.: "7th Federation Cup 2018"**

Senior National Men's Body Building & Men's Sports Physique Championship

Dear Sir / Madam,

The Indian Body Builders Federation is pleased to extend its Invitation for all its affiliated State Units/ Union Territories and Sports Boards to participate in the "**7th Federation Cup 2018**" National Men's Bodybuilding and Men's Sports Physique Championship; organized by **New Body Building and Fitness Association, Bihar**. The said competition is organized on 27<sup>th</sup> – 28<sup>th</sup> January 2018 at Bhartiya Nritya Mandir, Patna, Bihar.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Sports Boards to participate with best of their body builders as mentioned in this circular, to make this championship a grand success.

Thanking you

For Indian Body Builders Federation

**Mr. Chetan M. Pathare**  
General Secretary





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## 7th FEDERATION CUP 2018

Sr. National Men's Body Building and Men's Sports Physique Championship

### PARTICULARS

- Contest** : 7<sup>th</sup> FEDERATION CUP 2018  
Senior Men's National Body Building and Men's Sports Physique Championship
- Date** : Saturday 27<sup>th</sup> January 2018 to Sunday 28<sup>th</sup> January 2018
- Organiser** : New Body Building and Fitness Association, Bihar
- Venue for Finals** : Bharatiya Nritya Kala Mandir  
Fraser Rd., Rajapur, Raja Ji Salai, Indira Nagar, Patna, Bihar
- Reception** : Youth Hostel Hall, Patna
- Lodging for participants:** Lodging will be provided for Two nights only.
- Lodging for Officials** : Lodging will be provided for Two nights only.
- Nearest Railway Station:** Patna Railway Station
- Nearest Airport** : Patna Airport
- Contact** : Krishna Kant Kunwar – 09931558960 / 09608888151  
Raju Raj – 09835204766/09430028767  
Ashok Goswamy – 08409814444/09304022151
- IBBF Secretariat** : Mr. ChetanPathare –General Secretary  
Mobile: 099679 71970
- Weight Group** :  
For Men's Body Building
- Total ten weight groups  
Up to & inclusive 55 kgs  
Up to & inclusive 60 kgs  
Up to & inclusive 65 kgs  
Up to & inclusive 70 kgs  
Up to & inclusive 75 kgs  
Up to & inclusive 80 kgs  
Up to & inclusive 85 kgs  
Up to & inclusive 90 kgs  
Above 90 kgs&below100kgs  
Above 100 kgs



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For Men's Sports Physique : One Open Group

**Eligibility :** All the affiliated State units/ Union Territories / Sports Boards can send 12 numbers of body builders but in each group only two athletes of each unit will be allowed to participate in Senior Men's Body Building Category.

In Men's Sports Physique category each unit can send only **FOUR** athletes

**Entry Fee :**

For Body Building Rs.500/- per competitor for Senior Men's Body Building

For Best Posing Rs.500/- per competitor for Best Poser Contest.

For Men's Sports Physique Rs.2000/- per competitor

**Entry Fee for Official :** Rs. 1000/- per official

**Last Date for Entry :** 10<sup>th</sup> January 2018.

**Submission of entries :** Entries will be accepted in prescribed format  
Entries may be sent to

1. General Secretary  
Indian Body Builders Federation  
PathareGymco  
280/A, Jawalkar Mansion,  
Dr. B. Ambedkar Road,  
Parel, Mumbai-400 012.  
Maharashtra.
2. Email:- [ibbf\\_mumbai@yahoo.in](mailto:ibbf_mumbai@yahoo.in)

**Annual Fees :** All the affiliated state associations those who have not yet paid their Annual Membership Fees of Indian Body Builders Federation are requested to pay on or before 31<sup>st</sup> December 2017.

### Prizes & Awards

**Senior Men's Body Building :**

1. First three places in each category will receive Gold, Silver & Bronze Medals.
2. First Five places in each category will receive Trophies & Merit Certificates.
3. Overall Champion will receive Trophy, Merit Certificate
4. Best Poser will receive Trophy, Merit Certificate
5. Most Improved Body Builder will receive Trophy, Merit Certificate.
6. Team Championship will receive Trophy, Merit Certificate.



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7. All the Participants will receive participation certificate.

Men's Sports Physique :  
1. First Three places will receive Gold, Silver, & Bronze Medals.  
2. First Five Places will receive Merit Certificate.  
3. Overall Champion will receive Trophy, Merit Certificate.  
4. All the participants will receive Participation Certificate.

Doping : Dope test may be conducted at random by the National Anti Doping Agency (NADA).

Rules for the Contest

1. Team Managers to note that competitors who fail for weighing-in within the time limit will be eliminated from the championship.
2. All officials & competitors must arrive prior to the schedule.
3. Organizers will provide free lodging & boarding to all Competitors, coach, manager along with Executive Committee Members of Indian Body Builders Federation for two nights.  
Other than the above mentioned officials, extra officials & supporters will not be allowed and will not be provided with lodging and boarding facility. We require state units co-operation for the same.
4. Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.
5. All the Officials, managers, coaches are requested to come with their proper uniform.
6. Participants and officials who arrive before 27<sup>th</sup> January 2018 and wish to stay after 28<sup>th</sup> January 2018 will have to bear for their lodging & boarding.
7. Golden, Silver and Bronze colour tanning cream is not allowed.
8. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be tolerated and the said participant will be banned from the Best Posing contest.

Please note : Indian Body Builder's Federation, New Body Building & Fitness Association, Bihar or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the competition.



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## **7<sup>th</sup> FEDERATION CUP 2018**

**Senior Men's National Body Building & Men's Sports Physique Championship**

### **SCHEDULE**

#### **Saturday 27<sup>th</sup> January 2018**

08.00 AM ONWARDS : Arrival of all competitors, officials & judges

12.30 PM TO 03.00 PM : Lunch (Venue will be informed later)

03.30 PM TO 04.30 PM : Judges / Coaches / Team Managers Meeting  
(Venue will be informed later)

04.30 PM ONWARDS : Weighing In (Venue will be informed later)

08.00 PM ONWARDS : Welcome Dinner (Venue will be informed later)

#### **Sunday 28<sup>th</sup> January 2018**

07.00 AM TO 09.00 AM : Break Fast (Venue will be informed later)

10.00 AM ONWARDS : Finals and Prize Distribution

01.00 PM TO 03.00 PM : Lunch (Venue will be informed later)

08.00 PM TO 10.00 PM : Farewell Dinner (Venue will be informed later)

#### **Monday 29<sup>th</sup> January 2017**

11.00 AM : Departure of all competitors, officials & judges



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## 7th FEDERATION CUP 2018

Senior Men's National Body Building & Men's Sports Physique Championship

### OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 10<sup>th</sup> January 2018.

| SR. | NAME | CATEGORY              | MOBILE NO. | WEIGHT |
|-----|------|-----------------------|------------|--------|
| 1   |      | Bodybuilding          |            |        |
| 2   |      | Bodybuilding          |            |        |
| 3   |      | Bodybuilding          |            |        |
| 4   |      | Bodybuilding          |            |        |
| 5   |      | Bodybuilding          |            |        |
| 6   |      | Bodybuilding          |            |        |
| 7   |      | Bodybuilding          |            |        |
| 8   |      | Bodybuilding          |            |        |
| 9   |      | Bodybuilding          |            |        |
| 10  |      | Bodybuilding          |            |        |
| 11  |      | Bodybuilding          |            |        |
| 12  |      | Bodybuilding          |            |        |
| 1   |      | Men's Sports Physique |            |        |
| 2   |      | Men's Sports Physique |            |        |
| 3   |      | Men's Sports Physique |            |        |
| 4   |      | Men's Sports Physique |            |        |

TEAM MANAGER: \_\_\_\_\_ COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_ JUDGE: \_\_\_\_\_

UNIT NAME: \_\_\_\_\_

TRAIN No. & ARRIVAL TIME: \_\_\_\_\_ TRAIN No. & DEPARTURE TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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Date: 17 November 2017

## **RAIL TRAVEL CONCESSION**

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))  
MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This is to Certify that \_\_\_\_\_

Body Builders/Officials of \_\_\_\_\_

is/are taking part in the **S7th Federation Cup 2018, Sr.Men'sNational Body Building and Physique Sports Championship** being organized by **New Body Building and Fitness Association, Bihar**; under the authority of **Indian Body Builders Federation**. From 27th January to 28th January 2018. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from \_\_\_\_\_ to \_\_\_\_\_ and back.

For **Indian Body Builders Federation**

**Chetan M. Pathare**  
General Secretary