

UNIVERSITY OF MUMBAI

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University Sports Pavilion,  
Marine Lines, Mumbai-20.

No. Sp./ 83 of 2015-16

**CIRCULAR :**

Sub: **Inter Collegiate Power Lifting (Men & Women), Weight Lifting (Men & Women) & Best Physique (M) Tournament 2015-16**

Venue: **Joshi-Bedekar College, Creek Land, Chendani Bunder Road, Thane (W), Thane – 400 061.**

To,  
The Principals of Colleges participating in the  
Power Lifting, Weight Lifting (M & W) & Best Phy.  
Competition 2015-16.

Dear Sir/Madam,

The Principals of colleges participating in the Inter-Collegiate **Power Lifting, Weight Lifting (Men & Women) and Best Physique (M) Competition, 2015-16** are hereby informed that the said competition will be held at the following Date and Venue.

Further, informed that as per directives of Association of Indian Universities and NADA; Dope Test will be conducted for the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> position holder and other two competitors randomly. The starting poundage for the Weightlifting Competition and qualifying standard for Inter-University Selection will be put up on the notice board before the competition.

**The program of the competition will be as under:**

- 1) **Power Lifting (Men & Women)**

<u>Date</u>	<u>Section</u>	<u>Weighing</u>	<u>Competition Start</u>
05/12/2015	Women	8.00 am to 9.00 am	10.00am onwards
06/12/2015	Men	8.00 am to 9.00 am	10.00am onwards
  
- 2) **Weight Lifting (M & W)**

<u>Date</u>	<u>Section</u>	<u>Weighing</u>	<u>Competition Start</u>
05/12/2015	M & W	10.00 a.m. to 12.00 NN	1.00 p.m. onwards
  
- 3) **Best Physique (M)**

<u>Date</u>	<u>Section</u>	<u>Weighing</u>	<u>Competition Start</u>
05/12/2015	Men	3.00 p.m. to 4.00 p.m.	6.00 p.m. onwards

They are requested to bring the content of the circular to the notice of the students concerned accordingly.

Director of Phy. Edun. & Sports

Mumbai,  
23/11/2015

**Contact:**  
**Prof. Mahesh Patil (Mobile)- 9324366220**  
**(Office) – 25332412**