

UNIVERSITY OF MUMBAI

(Sports Department)



Tel: 22817698

Fax:22816089

No. Sp./ 93 of 2015-16

University Sports Pavilion,
Marine Lines, Mumbai-20.

Date: 14th December, 2015

CIRCULAR:-

To,
The Principals of colleges participating
In the Inter Collegiate Yoga (M & W)
Competition 2015 – 16.

Sub: - Inter Collegiate Yoga (M & W) Competition 2015–16.

**Venue: B. P. C. A.'s College of Physical Education, Bharatiya
Kreeda Mandir, Naigaon Cross Road, Wadala, Mumbai–31.**

Date: 8th January, 2016 at 8.00 a.m.

Dear Sir/Madam,

The Principals of the participating in the **Inter Collegiate Yoga (Men & Women) Competitions for the year 2015-16** are hereby inform that the Inter Collegiate Yoga competitions for men & women will be held at Pragati College.

Further, they are requested to inform their college students participating in **Yoga competition** to report with college sports in-charge/representative at the **venue on 8th January, 2016 at 7.30 a.m.** sharp. The programme of competition will be given at the venue.

Note:- Individual championship (M & W) shall be conducted separately. The best 12 Yoga competitors from competition (Team Championship) will again compete in the optional exercises Aasanas / Suryanamaskars for 3 to 5 minitue (a set of compulsory & optional 4 each) to decide first three positions in the individual championship. Competitors may use music at background to make more attractive the presentation/s.

All the competitors must be in proper costumes and bring college Identity-Card.

Contact Numbers:

**Smt. Rohini C. Kawade - 9869540039
(Off.) - 24168609**

Director of Phy. Edun. & Sports